



## Release Waiver & Code of Conduct

*“Holden Village has a physical setting that is both its great glory and chief challenge.” -Charles Lutz*

Holden Village has been welcoming workers and guests into the Cascade Mountains for six decades. As part of this welcome, Holden Village is committed to the health and well-being of the Village community, ever mindful of its remote alpine location with all the risks implied therein which can, of course, lead to illness or serious injury (including death) from those ever present risks in the great outdoors. Visitors coming to the Holden community must understand the challenges and dangers in a wilderness setting. As a human ecosystem interacting in a complex natural setting, Holden Village takes seriously the risks and wellness management needed for a safe and healthy community in the mountains. For your safety and the well-being of the community, **we require that you read, understand, and agree to the following:**

- ◆ Personal acceptance of all risks inherent when traveling to, living at, or working in a remote mountainous community. Awareness of all dangers while recreating in the Railroad Creek valley such as hiking and walking on Village pathways.
- ◆ Respecting and stewarding the wilderness of the Railroad Creek valley and beyond, joining Holden Village and the United States Forest Service in sharing responsibility for these lands. Being mindful of all fire dangers as wildfire precautions are a daily discipline at Holden Village.
- ◆ Remaining aware of the fragile ecosystem of the Railroad Creek valley and of the possibility of encountering wildlife both inside the Village and on the hiking trails. Never feeding or interfering with wildlife.
- ◆ Parents and guardians must exercise and take responsibility for minor children under age 18 while at Holden.
- ◆ Recognizing that medical care at Holden Village consists of First Aid triage and hospital care is far away and only available by boat or helicopter evacuation. Evacuation from Holden can be both expensive and lengthy depending on prevailing conditions. You are responsible for your own medical and evacuation costs. Guests, staff, and faculty must be in general good health and have no medical, physical, or mental conditions that could interfere with your health or safety or the safety of other Villagers. Bringing an adequate and extra supply of necessary medications to factor in potential travel delays entering and departing Holden. Understanding that helicopter insurance through LifeFlight is available at a prorated cost to those who request it in advance.

### Acknowledgement

*I agree and promise to accept and assume all of the risks and responsibilities during my visit to Holden, including, but not limited to, those listed above. I voluntarily waive any right to recovery, release, forever discharge and agree to indemnify and hold harmless Holden Village, its directors, trustees, staff, employees, volunteers, agents, associates and independent contractors (“Released Parties”) from any and all claims, including claims for bodily injury and death, demands or causes of action that are in any way connected with me visiting Holden Village or the use of Holden’s equipment or facilities, including all such claims that allege negligent acts or omissions of Holden. I hereby agree to indemnify Holden and all Released Parties from any claim made by me or my heirs or survivors on account of any injury or loss that I may suffer arising in any way out of my visit to Holden. I further indemnify Holden and all Released Parties from any claim that might be brought by a co-participant arising in any way from my conduct.*

SIGNATURE

PRINTED NAME

DATE

**Please save & email this form to [education@holdenvillage.org](mailto:education@holdenvillage.org).**